



Dear Friends,

**Welcome to the Holistic Child Health Newsletter.**

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

***Lawrence B. Palevsky, MD***

## TAKE ACTION



From Autism Action Network:

### **PLEASE TAKE ACTION!**

#### **DC Media Flap Obscures Significantly Higher CV Among People Who Get the Flu Shot**

Yet another media flap obscures more important information about the relationship between flu shots and coronavirus. This week federal public health officials were encouraging people to get the flu vaccine this fall despite a January study published by US Department of Defense (DOD) researchers that showed that people who received the flu vaccine were 36% more likely to test positive for the coronavirus than those who did not. A vaccine increasing the likelihood of contracting another disease is a side effect well-known to medicine, but little discussed in public, known as "virus interference."

Centers of Disease Control and Prevention (CDC), Director Robert Redfield was quoted in a Washington Post interview Tuesday saying, "There's a possibility that the assault of the virus on our nation next winter will actually be even more difficult than the one we just went through," Adding, "We're going to have the flu epidemic and the coronavirus epidemic at the same time." CNN and other news outlets reported on Redfield's comments leading President Trump to ask Redfield to clarify his statements. Regardless of the handling of this fracas, the important issue is the data that shows a significantly higher positive coronavirus tests in people who got the flu shot, and what our decision makers are going to do, if anything, with that information.

Please click on this link <https://bit.ly/2yV2xqA> to send messages to your federal and state elected representatives including a link to the Department of Defense study asking them to read it and comment on it, and how it may affect plans for the upcoming flu season, and the ongoing covid-19 outbreak.

The DOD study found, "Examining non-influenza viruses specifically, the odds of both coronavirus and human metapneumovirus in vaccinated individuals were significantly higher when compared to unvaccinated individuals (OR = 1.36 and 1.51, respectively) (Table 5)" "OR = 1.36" means that the rate of coronavirus infection was 36% higher in those who received the flu shot, not to mention the 51% increase in human metapneumonia infection. See: <https://bit.ly/2WaoJVj>

There are many types of coronavirus and the study does not specify which strains were tested, and the study provides little information about the characteristics of the test subjects such as age, sex, underlying health conditions, and racial background which could be relevant to covid-19. The data, which was gathered in 2017-18, raises obvious questions about the mortality rate of covid 19 infection with people who received the flu shot and those who did not.

See more information here:

<https://bit.ly/2yTdsqW>

**Please share this message with family and friends, and please share on social media while we still can.**

## **ACTION ALERT**



From Autism Action Network:

# **ACTION NEEDED NOW!**

## **NEW YORK'S CHILDREN ARE NOT GOVERNOR CUOMO'S GUINEA PIGS**

Last Wednesday New York Governor Andrew Cuomo said in his daily briefing, "Anything we can do to work with the federal government to get the (covid-19) vaccine done faster, we are all in. We want to use New York as a laboratory. We are ready, willing, in any way."

See: <https://nypost.com/2020/04/15/cuomo-offers-up-new-york-as-coronavirus-vaccine-laboratory/>

We need to remind Gov. Cuomo New York's children are not guinea pigs. And even though Cuomo has had the authority since March 3 to suspend any state law he chooses, as long as he asserts that it is necessary to address the covid-19 outbreak (and he will have that power until April of 2021) he cannot suspend federal laws, and he cannot suspend basic morality.

See: [https://nyassembly.gov/leg/?default\\_fld&leg\\_video&bn=S07919&term=2019&Summary=Y&Text=Y](https://nyassembly.gov/leg/?default_fld&leg_video&bn=S07919&term=2019&Summary=Y&Text=Y)

Please get on the phone and start calling the decision makers and politely deliver the message: "No using our kids as guinea pigs. No mandatory covid-19 shots. Not for school. Not for work. Not for anything."

**The White House: (202) 456-1111**

**Governor Andrew Cuomo, (518) 474-8390**

And please click on this link to send email messages to the President, Gov. Cuomo, and your elected representatives stating your opposition to a mandated covid-19 shot.

<https://cqrcengage.com/achamp/app/onestep-write-a-letter?o&engagementId=507662>

Perhaps we need to remind the Governor of the Nuremberg Code, the set of ethical guidelines for medical research that emerged following the atrocities committed by

medical researchers in Nazi Germany. The first of the ten points of the Nuremberg code is, "The voluntary consent of the human subject is absolutely essential."

See: <https://www.ushmm.org/information/exhibitions/online-exhibitions/special-focus/doctors-trial/nuremberg-code>

On February 4 the federal government declared covid-19 vaccines under development to be "countermeasures," and extended complete liability protection to producers, health professionals and governments from any injuries that the vaccines may cause. In the haste to get a vaccine to market as quickly as possible the decision has already been made to skip animal testing. Researchers are rushing to produce vaccines in months instead of the usual 5 to 7 years.

See: <https://www.federalregister.gov/documents/2020/03/17/2020-05484/declaration-under-the-public-readiness-and-emergency-preparedness-act-for-medical-countermeasures>

Rushing vaccines to market in the past has not gone well. The first round of polio vaccines hurried into production in the 1950s actually caused polio. In 1976 a swine flu vaccine was quickly pulled when it became apparent it was causing paralysis in otherwise healthy people. And the H1N1 flu vaccine rushed to market in 2009 had a wide range of side effects and minimal efficacy. Voices in the vaccine industry are lowering expectations that any of the covid-19 vaccines in development may be as effective as desired, or that rushed testing is wise.

See: <https://www.texasmonthly.com/podcast/peter-hotez-why-covid-19-vaccine-might-not-be-enough/>

We know that Cuomo is contemptuous of basic human rights and safety as they relate to vaccines. He pushed through legislation last year that repealed the longstanding religious exemption from vaccine mandates to attend school, making New York one of only five states to do so. In August, 2019 he disregarded basic vaccine safety considerations when he issued regulations for medical exemptions from vaccine mandates that no longer protect children from injury, but only from re-injury after a documented vaccine injury has already occurred. Based on his performance to date and his statements, we cannot reasonably expect Cuomo to put the safety of New York's children, and their right not to be guinea pigs in medical experiments, before rushing a hastily prepared vaccine to market. See:

[https://regs.health.ny.gov/sites/default/files/pdf/emergency\\_regulations/School%20Immunization%20Requirements\\_o.pdf](https://regs.health.ny.gov/sites/default/files/pdf/emergency_regulations/School%20Immunization%20Requirements_o.pdf)

Nobody should be compelled to participate in any vaccine trial, and nobody should be compelled to use any vaccine, especially a vaccine developed in haste and that has not undergone the full range of customary safety and efficacy trials. The vaccine industry and governments have already cleared themselves of any responsibility for an injury caused by a covid-19 vaccine, at the very least, use of any resulting product should be used strictly on a voluntary basis.

**Please share this message with family and friends, and please share on social media while we still can.**

## CORONAVIRUS CRISIS



**The Data is In — Stop the Panic and End the Total Isolation**

<https://thehill.com/opinion/healthcare/494034-the-data-are-in-stop-the-panic-and-end-the-total-isolation>

**U.S. Government's \$3.7 Million Grant to Wuhan Lab at Center of Coronavirus Outbreak**

<https://bit.ly/3eZUNE5>

**The Truth About Fauci Featuring Dr. Judy Mikovits**

<https://www.youtube.com/watch?v=wW7lclOmgzE&feature=youtu.be>

**Robert F Kennedy Jr. Exposes Bill Gates' Vaccine Dictatorship Plan — Cites Gates' Twisted 'Messiah Complex'**

<https://bit.ly/2VyBxEW>

**Documentary Explores the Origins of the CCP Virus**

[https://www.theepochtimes.com/who-created-the-ccp-virus-documentary-exposes-pandemic-origins\\_3305798.html](https://www.theepochtimes.com/who-created-the-ccp-virus-documentary-exposes-pandemic-origins_3305798.html)

### **The Cure**

<https://www.runningthecountry.com/the-cure/#.XoYmNC2ZPOQ>

### **Is CDC Borrowing Pneumonia Deaths "From Flu" for "From COVID-19?"**

<https://www.linkedin.com/pulse/cdc-borrowing-pneumonia-deaths-from-flu-covid-19-james-lyons-weiler/>

### **Who is Controlling the U.S. Response to COVID19: The White House or Bill Gates?**

<https://healthimpactnews.com/2020/who-is-controlling-the-u-s-response-to-covid19-the-white-house-or-bill-gates/>

### **The WHO Announces "Suspected" Cases of COVID-19 Should Be Written As COVID-19 Deaths (No Virus Test Required)**

<https://bit.ly/2YgUTkE>

### **The Dark Side of Vaccines**

<https://www.darksidevaccines.com/covid-19-a-tale-of-coincidences/>

### **Dr. Fauci and COVID-19 Priorities: Therapeutics Now or Vaccines Later?**

<https://bit.ly/3bZLzpi>

### **A Breakdown on Current Testing Procedures**

[https://www.youtube.com/watch?time\\_continue=372&v=Xr8Dy5mnYx8&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=372&v=Xr8Dy5mnYx8&feature=emb_logo)

### **Coronavirus Pt 1: How Soon We Forget – Same Playbook, Different Virus**

<https://vaxxter.com/same-play-book-different-virus/>

and

### **Coronavirus Pt 2: 'Never Let a Good Crisis Go to Waste',**

<https://vaxxter.com/coronavirus-pt-2-never-let-a-good-crisis-go-to-waste-replay/>

### **Two Plans To "Re-Open" the Country Include COVID-19 Tracking Via Cell Phones and Mass Vaccination Program**

<https://bit.ly/2KVZBNb>

# 5G FIASCO

**TAKE ACTION!!**

**Tell Your Municipality to Pass an Emergency Ordinance to Stop  
Deployment of 5G During Quarantine**

<https://bit.ly/3bR2gTS>



**Is 5G a Deadly Trigger for the Coronavirus?**

<https://vaxxter.com/5g-coronavirus-deadly-trigger/>

# VACCINE VIEW



**Bill Gates and Intellectual Ventures Funds Microchip Implant Vaccine  
Technology**

<https://bit.ly/35dcGLh>

**An Unwelcome Milestone: Payouts for Influenza Vaccine Injuries Exceed \$900 Million**  
<https://bit.ly/2Wf6zSG>

**Some Good News From Autism Action Network:**

**New York: No New Vaccine Mandates or Access to Your Children Included in the Budget**

Good work, folks. There are no new vaccine mandates contained in the 2021 New York budget, according to trusted friends in the legislature, nor is there any language allowing minors to be given vaccines without parental knowledge or consent. We have been holding off on saying definitively that there is nothing there until the process was over and the documents could be verified with trusted sources.

The New York budget is a massive document thousands of pages long, and it is passed in a series of ten separate votes. Last minute changes intended to avoid legislative and public scrutiny is a standard operating procedure. Further, due to quarantine rules, the public and much of the legislative staff have been excluded from the Capitol and Legislative Office Building in Albany and the budget process. The budget is crucial because once the Governor decides to include something in the budget it is almost impossible to remove it.

Vaccine rights activists were concerned that new mandates requiring flu shots and Merck's Gardasil product for human papilloma virus would be included in the budget. There were also concerns that language may be included that would allow minors to be given drugs and vaccines marketed to prevent sexually-transmitted diseases without parental knowledge or consent, or that minors 14 and older would be allowed to be given any vaccine without parental knowledge or consent. All of these policies are the subject of current bills in the legislature.

New York lawmakers especially Governor Cuomo have been the target of a barrage of telephone calls, letters, emails, tweets, office visits, statements at public meetings and protests since the religious exemption to vaccine mandates was passed last June. It is only because of these ongoing efforts on your part that these measures were not included in the budget.

The legislature will be in session until June 3 and any of the policies mentioned above, and dozens of other pro-vaccine industry bills, have been introduced in Albany. Continued vigilance and engagement will be essential to stop further erosion of your rights. But rest assured that the only reason these policies were not included in the budget is because of your hard work and dedication. Keep it up!

## CONNECTICUT VACCINE HEARINGS



### **Listen and Watch Dr Palevsky's Powerful Testimonies in Two Separate Hearings on Vaccines in Connecticut**

Legislative Informational Forum on Public School Immunizations in Connecticut -  
November 22nd 2019

<http://bit.ly/2I4SujI>

**and**

Public Hearing at the Connecticut Public Health Committee  
February 19th 2020

<http://bit.ly/32EoDbi>

## DR LARRY IN THE MEDIA

**Watch and Listen to Dr Palevsky on Village Connection Network's show  
"Children's Health Crisis"**



Please join hosts John Gilmore, Rita Palma and Steve Vaccaro for 'Discussing The Bills to Protect Medical Exemptions' with special guest, Dr Palevsky.

Show starts at 3.15" mark.

<https://www.facebook.com/VillageConnectionNetwork/videos/851419335270860/>

---

Watch and listen here to the whole event ....

**Cornerstones of Freedom Censorship Conference**



On April 6th, an event interpreting the current climate on censorship, our rights, and how we must collectively defend our civil liberties took place in New Jersey. It featured speakers from across the country who inspired people to take action and combat the un-American forces of censorship threatening free speech.

Dr Palevsky was one of the Featured Expert Speakers at this event and his presentation can be seen at 1:22:30 in the recording.

<http://www.firstfreedom.org>

---

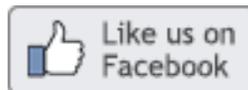
**Don't Miss:  
Dr. Palevsky Speaks About Best Pediatric Practices**

on 'The HighWire' Podcast  
.....and many other interviews and appearances on Dr Palevsky's  
Website Media Page:

<http://bit.ly/2DDaY9b>



## FOLLOW DR PALEVSKY ON FACEBOOK



Join Dr Palevsky on his Facebook page today....browse important articles, scientific papers, and medical information shared for your interest, with added comments from the doctor. Click on the icon above and please feel free to share the link.

## ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, NYC, from 1990-1991. Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.



Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association. He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm. Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.

For more information, or to contact Dr. Palevsky go to: [www.drpalevsky.com](http://www.drpalevsky.com)

**[PLEASE CLICK HERE TO JOIN](#)**  
THE HOLISTIC CHILD HEALTH  
MAILING LIST

HCH will never share your information with any third parties.

Thank You for subscribing to the  
Holistic Child Health Newsletter.

If you would like to contact us, please feel free to do so.  
We are happy to hear from you.

Lawrence B. Palevsky, M.D., ABIHM  
For Appointments: Long Island and Manhattan  
(631) 262 8505  
For all other Inquiries: info@drpalevsky.com

[www.drpalevsky.com](http://www.drpalevsky.com)

© 2018 Lawrence B. Palevsky. All rights reserved.

Disclaimer: All material in this newsletter and on the web site is provided for educational purposes only. Consult with your health care provider regarding the advisability of any opinions or recommendations with respect to your individual situation.

Northport Wellness Center, 220 Fort Salonga Rd (25A), Northport, NY 11768, USA, 631.262.8505

[Unsubscribe](#)